Now I can...

feel like I have a purpose

After Methodist Rehab helped Karen Skeen recover from a paralyzing fall, the registered nurse wanted a way to give back. “I told Methodist Rehab CEO Mark Adams: I’m coming to work here, you know.”

Now the Madison mother of four assists the hospital’s spinal cord injury researchers. And as she interviews newly injured patients, Karen does more than collect data. She also makes a connection.

“I try to establish a relationship, because I truly know what they are going through,” she says. “At first, you think your life is over. But I’m happy and doing well now. And I think it helps them to see there is life after spinal cord injury.”

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