

COMMUNITY HEALTH NEEDS ASSESSMENT

Approved by the Board of Trustees on May 23rd, 2013

TABLE OF CONTENTS

EXECUTIVE SUMMARY	3
INTRODUCTION	4
MISSION STATEMENTABOUT US	
COMMUNITY SERVED	5
DEFINITION	
PROCESS AND METHODS	8
OVERVIEW	
INPUT FROM EMPLOYEES	11
INPUT FROM PATIENTS/FAMILY MEMBERS	11
INPUT FROM COMMUNITY REPRESENTATIVES	12
Methods	
MAIN THEMES AND COMMENTS	13
COMMUNITY HEALTH NEEDS IDENTIFIED	15
PROCESS AND CRITERIA FOR PRIORITIZING HEALTH NEEDS	
FACILITIES/RESOURCES AVAILABLE TO MEET THE NEEDS	16

Executive Summary

Methodist Rehabilitation Center (MRC), located in Jackson, Mississippi, helps people recover after a stroke, brain or spinal cord injury, post-traumatic and post-surgical orthopedic conditions, or chronic pain and provides long-term care for persons with severe disabilities. MRC opened its doors in 1975 to fulfill a vision of the founders who recognized Mississippi's need for comprehensive medical rehabilitation services.

Methodist Rehabilitation Center serves people across the state of Mississippi, with the largest concentration of patients residing in the three-county Jackson metropolitan area. This broad service area is driven by two factors: The Jackson area is the largest hub for health care in the state, and MRC is the major provider of rehabilitation services across different areas of specialty. The community served by MRC includes adults and adolescents above 13 years of age of all socio-economic backgrounds, consistent with the demographics of the state.

For many years, MRC has conducted an annual community benefit assessment and presented a report to the center's Board of Trustees. The reports demonstrated the various ways the institution fulfills its mission as a 501(c)(3) not-for-profit hospital. The mandatory Community Health Needs Assessment now allows Methodist Rehabilitation Center to formalize and expand this process.

The Community Health Needs Assessment was conducted between July, 2012 and April, 2013. The main input was provided by patients, employees and community representatives with expertise in public health and various not-for-profit organizations that serve low-income and disadvantaged populations. Additional information came from public databases, reports, and publications by state and national agencies. This Community Health Needs Assessment and the Implementation Plan were approved by the MRC's Board of Trustees on May 23rd, 2013.

Based on the adopted principles for prioritizing community health care needs, the following key priorities were identified:

- 1. Utilization of community-based primary health care
- 2. Provision of family/caregiver education and support
- 3. Promotion of healthy lifestyle, fitness and recreation

The Implementation Plan describes in detail programs and activities that will address these priorities over the next three years. Both documents are available at MRC's website www.methodistonline.org/CHNA where the progress will be reported on a regular basis.

We would like to express our sincere gratitude to all participants who provided input for this assessment. We look forward to addressing the identified needs.



Introduction

Mission Statement

"In response to the love of God, Methodist Rehabilitation Center is dedicated to the restoration and enhancement of the lives of those we serve. We are committed to the excellence and leadership in the delivery of comprehensive rehabilitation services."



About Us

In 1975, Methodist Rehabilitation Center (MRC) opened its doors to fulfill a vision to provide comprehensive medical rehabilitation services for all Mississippians. The center was created by four visionary founders, led by the late Earl R. Wilson, who served as chairman of the board from the center's inception until his death in 2000.

MRC's primary facility is a seven-floor, 124-bed inpatient hospital located on the campus of The University of Mississippi Medical Center. The entire facility and clinical programs are designed specifically to help patients restore abilities lost to injury or illness. Patients of similar injury types are housed on the same floor and share a dedicated staff of nurses and therapists. This promotes specialized expertise among staff, and the patients are encouraged as they recover with others overcoming similar challenges.

In 2005, MRC opened Methodist Specialty Care Center, a 60-bed, long-term residential center for younger adults with severe disabilities. In addition, MRC operates numerous clinics across Mississippi and Northeast Louisiana to provide outpatient rehabilitation services.

Most all patients admitted to MRC's main hospital are transferred from acute care hospitals located throughout Mississippi and the region. Besides providing inpatient and outpatient care, MRC serves the community through an array of outreach programs ranging from wheelchair sports clinics and competitions, monthly support groups, education events, as well as a clinical research program that allows patients to be part of research discoveries.

MRC is academically affiliated with The University of Mississippi Medical Center and serves as a teaching facility for medical students and residents, as well as nursing, physical therapy, occupational therapy, and speech and language pathology students. Also, MRC serves as an internship site for undergraduate students from the major universities in the state.

Community Served

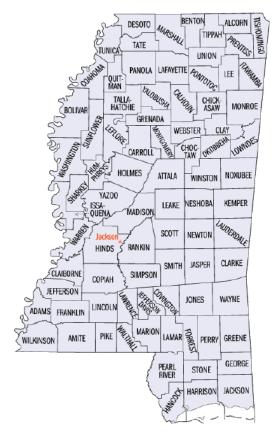
Definition

MRC serves people across the entire state of Mississippi. Due to our geographic location,

the majority of the community served resides in central Mississippi. This includes the city of Jackson and Hinds, Rankin and Madison counties, which is the state's most populated area. Beyond this Tri-County area, MRC serves a significant number of people from other, contiguous counties within a ~100 mile radius. Such a widespread catchment area is driven by the fact that the Jackson area is the major hub for health care across the entire state and by recognition of MRC as the major provider of rehabilitation services (inpatient and outpatient) across different areas of specialty.

The target population served includes male and female adults and adolescents age 13 and older from ethnic and socio-economic backgrounds that are representative of the state.

Our specialty area further defines the community served to those in need of comprehensive medical rehabilitation for various neurologic and orthopedic conditions, primarily acquired brain and spinal cord injuries or diseases, post-traumatic/post-surgical orthopedic conditions, chronic pain and long-term specialty care for the most severely disabled.



Description

Mississippi Demographics

According to the *US Census Bureau*, the population of Mississippi is nearly 3 million (52% women, 48% men). The median age is 35 years (75% \geq 18 years, 13% \geq 65 years.) Caucasians represent 60% of the population, African-Americans 37%, and Hispanics or Latinos 2.7%. The majority of households consist of married-couple families (47%) followed by single-parent families (23%). Among the people 25 or older, 80% have at least a high school diploma and \sim 20% have a bachelor's degree or higher.

The median household income is ~\$38,700 (\$52,700 nationally) and the median family income is ~\$46,000 (\$62,000 nationally). About 22% live below the federal poverty level (14% nationally) – mainly children under 5 years (34%) followed by adults 18 to 34 years (25%). About 15% are enrolled in the supplemental nutrition assistance program (8.5% national level).

The population is expected to grow to about 3.16 million by 2020 and 3.25 million by 2025. The second and third largest increase is projected for Madison County (19%) and Rankin County (17%), which are part of MRC's primary service area.

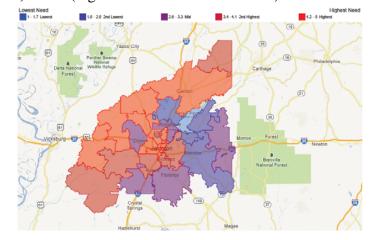
Mississippi Health Priorities

It is well known that Mississippi ranks among the lowest in the U.S. in overall health. The main health problems in adults are hypertension (35% prevalence), obesity (35%), and type 2 diabetes (12%). These lead to cardio-vascular diseases including stroke, the main cause of death in the state (41% in 2001 or 31% above the national level). Over the next 20 years, obesity is expected to contribute to over 400,000 of new cases of type 2 diabetes, over 750,000 new cases of hypertension and over 800,000 new cases of coronary heart disease and stroke in Mississippi.

Barriers to Health Care Access

The *Community Need Index*, developed by *Dignity Health* and *Truven Health Analytics*, reflects the barriers to health care access in a given community based on socio-economic indicators (income, ethnicity/language, education, insurance, housing). The average score is assigned to each ZIP code, from 1.0 (lowest) to 5.0 (highest socioeconomic barriers). The latest

available scores for Mississippi range from 2.9-5.0. The "highest need" (score 4.2-5.0) was projected for 47 counties with 1.4 million people (48% of total population), "high need" (score 3.4-4.1) for 30 counties with 1.1 million people (38%), and "moderate need" (2.9-3.1) for the remaining 5 counties with 400,000 people (14%). The barriers accounted for by the *Community Need Index* also apply to the communities primarily served by MRC (figure).



Uninsured Population

About 530,000 Mississippians (18%) are without insurance. There are somewhat more uninsured men (54%) than women (46%). Most uninsured belong to the age group of 18-44 years (62%), which accounts for 37% of the total population. The rate of uninsured among African-Americans (44%) is proportionally higher than among Caucasians (50%) given that the former represent 38% and the latter 60% of the entire Mississippi population. About 90% of all uninsured have a high school diploma or less and 72% are unmarried. Households with the woman employed (full or part-time) and no husband present make up for the largest percentage of uninsured (16%). In terms of income, 17% of the uninsured earn less than \$15,000, 15% between \$15,000 and \$24,999, and 11% between \$25,000 and \$34,999. It is estimated that ~23% of uninsured are eligible for Medicaid but remain uninsured, which is representative of the entire Mississippi population (22%).

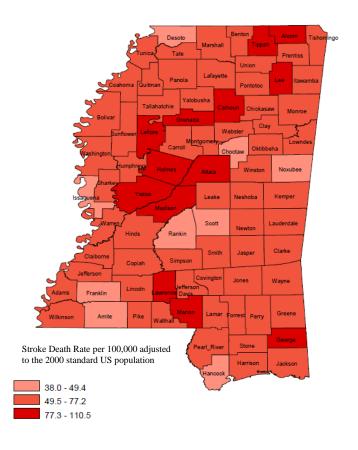
Health Problems Leading to MRC Admissions

Health problems that lead to admission to MRC result from trauma or diseases affecting the nervous system (stroke, spinal cord injury, brain injury) or musculo-skeletal system (amputation, broken bone, joint replacement). Trauma remains the leading cause of death for Mississippians age 1 to 44 (4th in the US). The population sustaining a trauma increased three-fold from 2000 (8,500) to 2010 (25,500). As a result, many people are admitted for rehabilitation after traumatic brain or spinal cord injury or broken or lost limb. The number of post-traumatic cases admitted to MRC is likely to increase due to a decline in mortality and the population growth.

High prevalence of diabetes, obesity, and hypertension translates into a high rate of stroke in Mississippi. It is estimated that each year about 5,000 Mississippians suffer a stroke for the first time and another 2,000 a recurrent stroke. Stroke occurs twice more often in Mississippians with income of less than \$25,000 (~7%) than in those who earn more than \$25,000 (~3.5%).

Stroke is the fifth leading cause of death in Mississippi (5% in 2010) and it is about 50% higher in African-Americans than Caucasians (70% vs. 45%). Although mortality from stroke is on the decline, it is the highest in several counties north and south of Hinds County where MRC is located.

Stroke leaves ~2,000 Mississippians disabled each year. The percent living with stroke (~4%) has been steady from 2005 to 2011. Better emergency care and survival means more disabled people in need of comprehensive rehabilitation services.



Demographics of People Admitted to MRC

In fiscal year 2012 (July 1st, 2011- June 30th, 2012), 1,098 Mississippians were admitted to MRC inpatient rehabilitation. Of those, 55% were women and 45% men; 63% were Caucasians and 37% African-American; 45% were married, 22% widowed, 19% single, 12% divorced. These demographics are representative of the entire state of Mississippi.

The people admitted to MRC represent 75 of 82 Mississippi counties (91%). Before admission, 52% resided in three counties of the Jackson Metro area and an additional 38% within a radius of 120 miles. The most frequent reasons for admission were stroke (33%), leg fracture or joint implants (20%), traumatic or non-traumatic brain injury (14%) and traumatic or non-traumatic spinal cord injury (11%). These conditions represent almost 80% of all admissions. The most common payer sources were Medicare (63%), Blue Cross Blue Shields (18%), Medicaid/Financial Assistance (11.5%), and other commercial insurance (7%).

Rehabilitation facilities outside of MRC primary service area

Other providers of comprehensive rehabilitation outside of MRC primary service area are in the northern counties (De Soto, Washington, Lee) and southern counties (Forrest, Harrison). They are two or more hours driving distance from MRC and account for a combined 57% of all licensed rehabilitation beds in the state. They provide rehabilitation as a unit within the general hospital. Based on the latest available report across the facilities (Mississippi Department of Health, 2007), they combined to admit 24% of all cases of traumatic spinal cord injury, 32% of all cases of traumatic brain injury, and 63% of all cases of stroke in need of inpatient rehabilitation.

Process and Methods

Overview

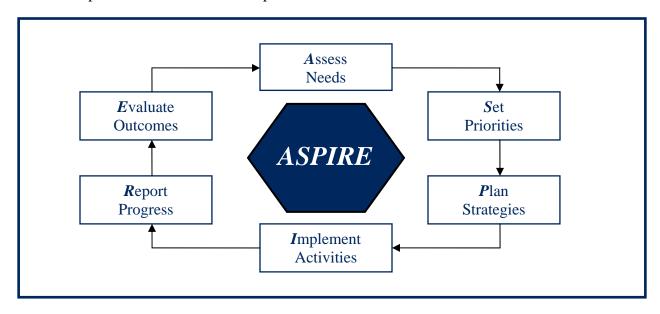
For many years, MRC has conducted an annual community benefit assessment and presented a report for adoption at the annual meeting of its Board of Trustees. These reports evaluated and demonstrated the various ways the institution fulfills its mission as a not-for-profit hospital. The IRS Notice 2011-52 requiring a Community Health Needs Assessment now allows MRC to formalize and expand this process.

The process of developing a CHNA began in the summer of 2012 after a member of the hospital administration attended a session at a professional meeting dedicated to CHNA and reporting requirements. During the fall of 2012, the hospital administration developed a strategy, defined milestones, and drafted the timetable. In December of 2012, the plan was refined and finalized. In January of 2013, the MRC President & CEO formed a CHNA Steering Committee including MRC's Chief Executive Officer, Chief Financial Officer, VP of Legal Affairs, Director of Research, and the Director of the center's Wilson Research Foundation. The Steering Committee was charged with developing, conducting, and reporting the CHNA and the Implementation Plan.

From January to May of 2013, the Steering Committee met on a weekly basis to define specific goals, action steps, and milestones; review existing data and reports; plan and conduct focus groups and interviews; analyze and interpret gathered data; define CHNA priorities; and finally create the CHNA report and Implementation Plan. The planned course of action was discussed and approved by the MRC Board at the February 28th, 2013 meeting. The progress was overseen by the Executive Committee of the Board at their monthly meetings. The CHNA and Implementation Plan were adopted by the MRC Board at its May 23rd, 2013 annual meeting.

Approach

We modified the ASPIRE model, commonly used in social sciences, for developing CHNA and the Implementation Plan. The steps are illustrated below.



Data Sources

Primary sources of information refer to data collected by MRC for this CHNA, for the purpose of peer-review research conducted by the MRC researchers, and for improving delivery of rehabilitation services. The participants were current/previous patients of MRC or their family members and employees of MRC (for demographic info, see a separate section below).

PRIMARY DATA		
Type	Topic (Date)	Description
Focus group	Spinal Cord Injury	6 persons discussed issues related to physical
	(Feb 19 th , 2013)	activity and exercise after spinal cord injury
Focus group	Stroke	4 persons and 4 family members discussed
	(March 14 th & 28 th 2013)	issues along the continuum of care after stroke
Focus group	Brain Injury	2 persons discussed issues faced along the
	(April 6 th , 2013)	continuum of rehabilitation after brain injury
Focus group	MRC System of Care	14 employees discussed comprehensive
	(March 3 rd , 4 th , 8 th 2013)	rehabilitation services provided by MRC
Research	Information needs of	Mail survey to spinal cord injury community
Publication	people with spinal cord	previously served by MRC about perceived
	injury (2003, 2008)	information needs and access to resources
Research	Oral health in people with	In-person survey and examination of oral
Publication	spinal cord injury (2013)	health in people with spinal cord injury

Secondary sources came from publicly accessible databases, reports, and publications by various state and national agencies that were extensively searched for the purpose of CHNA.

SECONDARY DATA – MISSISSIPPI			
Source	Title (Year)	Summary	
Mississippi	Mississippi Health Benefit	Insights for designing and implementing health	
Insurance	Exchange Report (2011)	benefit exchange in Mississippi under the	
Department		Patient Protection and Affordable Care Act	
	www.mid.ms.gov/pdf/Health Ben	efit Exchange Final Report.pdf	
Mississippi State	Mississippi State Plan for	Call for action to improve cardiovascular	
Department of	Heart Disease and Stroke	disease outcomes, including from stroke, at	
Health (MSDH)	Prevention and	multiple levels in Mississippi	
	Control (2004-2013)		
	www.msdh.ms.gov/msdhsite/_static/resources/1670.pdf		
Mississippi State	Mississippi Stroke System-	Plan for developing statewide tiered system of	
Department of	of-Care Plan (2012)	stroke care	
Health (MSDH)	www.mshealthcarealliance.org/wp-content/uploads/2012/06/StrokeSystem of Care Planta www.mshealthcarealliance.org/w		
Mississippi State	Fact Sheets (2012)	The only functioning mandatory Trauma	
Department of		System in the country nationally recognized as	
Health- Trauma		a model Trauma System; the registry includes	
Care System		injury data captured by 92 facilities in the state	
	http://msdh.ms.gov/msdhsite/ static/resources/4648.pdf		
Board of State	Mississippi Population	Projections of an increase in Mississippi	

SECONDARY DATA – MISSISSIPPI		
Institutions	Projections 2015, 2020,	population by county, sex and race
of Higher	and 2025	
Learning	www.mississippi.edu/urc/downloads/PopulationProjections.pdf	

SECONDARY DATA - NATIONAL			
Source	Title (Year)	Summary	
US Census	State & County	Summary of demographic and socio-economic	
Bureau	QuickFacts (2011)	statistics for the state of Mississippi	
	http://quickfacts.census.gov/qfd/states/28000.html		
Dignity Health	Community Need Index-	Community Need Index scores the severity of	
	Interactive web application	health disparity for every zip code in the US	
	(2012)	and demonstrates the link between health need,	
		access to care, and preventable hospitalizations	
	www.cni.chw-interactive.org/		
Centers for	Behavioral Risk Factor	The largest on-going telephone survey system	
Disease Control	Surveillance System	tracking health conditions and risk behaviors in	
and Prevention	survey (2011)	the United States yearly since 1984	
	www.cdc.gov/brfss/		
Centers for	Outpatient Rehabilitation	Report from 21 States, including Mississippi,	
Disease Control	Among Stroke Survivors	indicates lower than expected utilization of	
and Prevention	- 21 States and the District	outpatient rehabilitation services among stroke	
	of Columbia, 2005	survivors	
	www.cdc.gov/mmwr/preview/mm	oreview/mmwrhtml/mm5620a4.htm	
Model Systems	Multiple documents	Summarizes research, identifies health	
Knowledge		information needs, and develops information	
Translation		resources related to traumatic brain injury	
Center	http://www.msktc.org/tbi		
National Spinal	Spinal Cord Injury Facts	Largest source of information about causes,	
Cord Injury	and Figures at a Glance	demographics, and consequences of traumatic	
Statistical Center	(2012)	spinal cord injury in the US	
	www.nscisc.uab.edu/PublicDocuments/fact_figures_docs/Facts%202012%20Feb%20Final.pd		

Analytic Methods

Quantitative and qualitative analytic methods were applied. Quantitative analyses included descriptive summary statistics, group comparisons, and trend analyses. Qualitative analyses of information gathered through interviews and focus groups followed the principles of thematic content analysis. The analyst reviewed the transcript of audio records to identify and then group common themes. The supportive key verbatim comments were included, as appropriate.

Information gaps

Information gaps were found in the areas of access to specialized medical services (e.g., women's health) and utilization of emergency room services as a substitute for primary care.

Input from Employees

The following MRC employees participated in CHNA as the Steering Committee members or panelists in the focus groups and interviews (listed in alphabetical order).

MRC PARTICIPANTS			
STEERING COMMITTEE			
Mark A. Adams	Gary Armstrong		
President & CEO	Chief Financial Officer		
Chris Blount	Matthew L. Holleman III		
Director, Wilson Research Foundation	Chairman, MRC Board of Trustees		
Dobrivoje S. Stokic, MD, DSc	Tammy Voynik		
Director of Research	VP of Legal Affairs		
PANELISTS			
Ruthie Adams, RN	Ginny Boydston, BS		
Case Manager	Director, Sports & Recreation		
Sherry Carnegie, RN	Stephanie Clark, MSW		
Community Outreach Representative	Social Worker		
Connie Flanagin, RN	Susan Geiger, PT		
Community Outreach Representative	Physical Therapist		
Samuel Grissom, MD	Luly Johnson, BS		
Medical Director	Community Outreach Representative		
Mollie Kinard, RN	K.K. Ramsey, CFNP		
Community Outreach Representative	Nurse Practitioner		
Dianne Sanders, RN	Joel Shows, RN		
Case Manager	Community Outreach Representative		
Daisy Ward, RN	Audrey Wedgeworth, BS		
Community Outreach Representative	Operation Director, Methodist Pain & Spine		

MRC employees who participated in the focus groups and interviews ranged in age from 30 to 60 years (average 46 years). The majority accounted for women (12), those with a nursing degree (8), more than 5 years of experience in rehabilitation settings (10), and employed for more than 5 years at MRC (9).

Input from Patients/Family Members

The participants in focus groups representing the community we serve included 12 persons who suffered stroke, brain, or spinal cord injury and 4 family members. Their age ranged from 19 to 79 years (average 52 years). The majority accounted for men (10), those with some college degree (12), retirees (6) or unemployed people (5), and covered by Medicare (5) or private insurance (5).

Input from Community Representatives

Methods

Representatives of the community for interviews were identified through internal and external sources. Invitations were sent via email, if available, or by phone call. Personal contacts were sought for those who did not respond to emails or phone calls. The response rate was 100%. Interviews were conducted in-person and lasted about 60 minutes. As with the focus groups, thematic content analysis was used to identify and cluster common themes.

Sources

Information about the community representatives interviewed is presented in the table below.

	Representatives of the Community Who Provided Input			
Date	Name/Degree	Title	Affiliation	Expertise/Leadership Role
4/09/13	Marry Currier,	State Health	Mississippi State	20+ years of public health
	$MD, MPH^{1,2}$	Officer	Department of	experience, board certified in
			Health (MSDH)	Preventive Medicine, MS
				degree in Public Health
4/09/13	Jim Craig,	Director, Health	MSDH	20+ years of public health
	$BS^{1,2}$	Protection		experience
4/09/13	Kathy Burk,	Director, Office	MSDH	10+ years of public health
	CPM ^{1,2}	of Health		experience
4/09/13	Geneva	Director,	MSDH	20+ years of experience in
	Cannon, MSH,	Child/Adolescent		pediatric critical care and
	$RN^{1,2}$	Health		public health
4/09/13	Robert Pugh,	Executive	Mississippi	30+ years of experience in
	$MPH^{2,3}$	Director	Primary Health	health care management,
			Care Association	planning, policy research and
	,		(MPHCA)	development
3/25/13	Natalie Ellis ⁴	Director	Mississippi	Non-profit organization
			Paralysis	providing financial assistance
			Association	
3/25/13	Christy	Executive	Living	Non-profit organization
	Dunaway ⁴	Director	Independence for	providing peer counseling and
			Everyone (LIFE)	financial assistance

¹ **Mandatory:** Representative of federal/tribal/regional/state/local health departments/agencies with current data/information relevant to the needs of the community

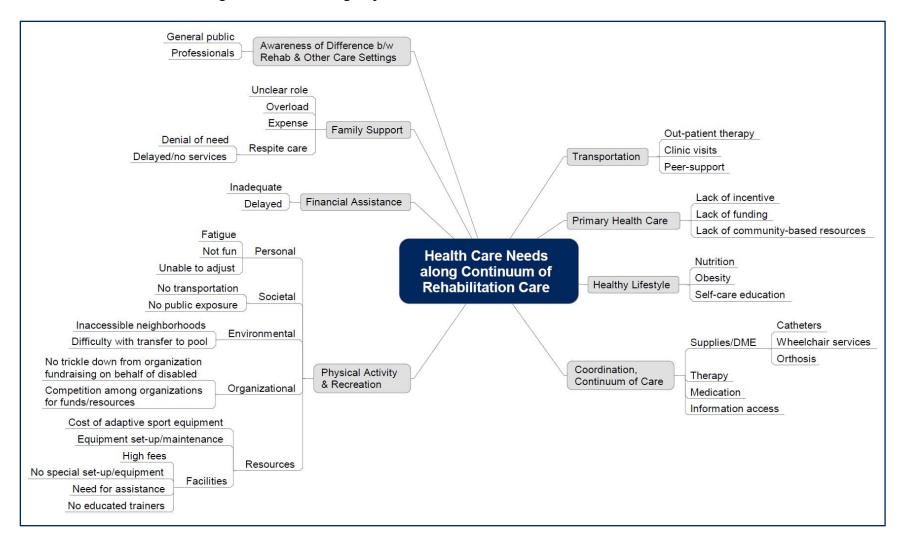
² **Mandatory**: Person with special knowledge/expertise in public health (provide name, title, affiliation, a brief description of special knowledge/expertise)

³ **Mandatory**: "Leaders/Representatives"/member of medically underserved, low-income, minority populations, and populations with chronic disease needs

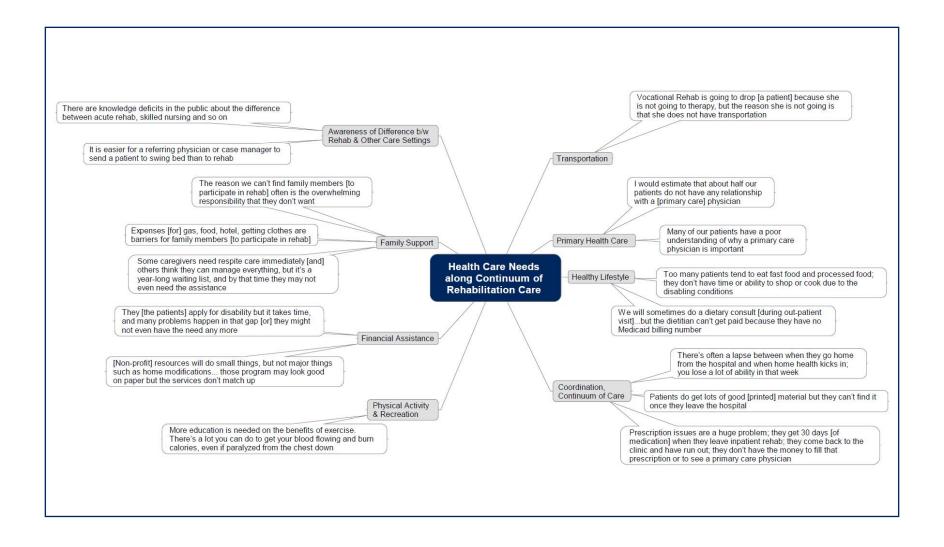
⁴ **Optional**: Consumer advocates; nonprofit organizations; academic experts; local government officials; community-based organizations; health care providers (with focus on low-income persons, minority groups, or those with chronic disease needs); private businesses; and health insurance and managed care organizations.

Main Themes and Comments

The main themes that emerged from the focus groups and interviews are summarized in the chart below.



Representative examples of the verbatim comments from the participants in focus groups and interviews are summarized for each theme in the chart below.



Community Health Needs Identified

Process and criteria for prioritizing health needs

The process analogous to "multi-voting technique" was chosen for prioritizing community health care needs. This was done through a series of meetings during which each round of votes was followed by narrowing of the priority list. Before voting, the Steering Committee agreed upon the following guiding principles:

- 1. Define a "health care need": We adopted the definition of health care need as a "capacity to improve health". This was understood to include the capacity (ability) of a community to improve health and the capacity of providers to overcome identified deficiencies given the available evidence and resources. Equal weight was given to each capacity. If both were scored low, the presumed "need" was considered a "desire" and received a lower priority. It was recognized, however, that the "need" and "desire" represent ends of the spectrum and that efforts are warranted toward changing circumstances that would potentially elevate "desire" to a "need".
- 2. Give priority to input from community representatives over the results of desk research:
 Given the paucity of research on health care needs of the community we serve, it was considered that themes which emerged from interviews and focus groups are most relevant for addressing immediate health care needs. At the same time, the potential bias of the participants was acknowledged as a shortcoming.
- 3. Give priority to the needs with potential to create partnerships and eliminate redundancies:

 Community health care needs unlikely can be met by a single organization. Therefore, higher priority is given to those needs that can be met through collaboration with another public or private entity for which the opportunity to create a partnership exists.
- 4. Give priority to the needs with measurable performance indicators, including both "outputs" and "outcomes": Outputs relate to activities or "what was done and whom we reached," whereas outcomes refer to "what difference did it make". Both are justified because the activity must be delivered as intended before the expected outcomes can occur. It is recognized that early performance indicators will mainly be limited to outputs before outcomes can be reliably assessed.
- 5. Give higher priority to the needs where significance of problem has about the same weight as likelihood of implementing a solution: Based on the items in the table below, both significance of problem and solution implementation were scored low, medium, or high. Lower priority was given to needs with discrepant scores (low-high or high-low) in favor of the needs scored above low and equal (e.g., medium-medium, high-high).

Priority of Problem	Solution for Problem
▶ Impact of problem	Expertise to implement solution
Urgency of solving problem	► Effectiveness of solution
Availability of solutions	Potential impact on health
Availability of resources to solve problem	► Ease of implementation/maintenance
Cost and/or return on investment	► Potential negative consequences

¹Stevens A, Raftery J. Introduction Health care needs assessment. Oxford: Radcliffe Medical Press, 1994:1-30.

15

Priorities

Before setting the priorities, all members of the Steering Committee had a clear understanding of the goals and objectives along with the chosen priority criteria. The following key priority areas were selected among the identified health care needs:

- 1. UTILIZATION OF COMMUNITY-BASED PRIMARY HEALTH CARE
 This need was rated the highest because the prevention of many secondary complications of stroke, spinal cord injury and brain injury requires regular monitoring of health that is best addressed in community settings. Also, Mississippi is a rural state and transportation is a significant barrier for receiving adequate health care services far away from home.
- 2. PROVISION OF FAMILY/CAREGIVER EDUCATION AND SUPPORT

 The need for continued improvement was identified in the areas of education and support for families and caregivers across the continuum of care, starting as early as the screening for inpatient admission, during inpatient rehabilitation, and after discharge to the community.
- 3. PROMOTION OF HEALTHY LIFESTYLE, FITNESS AND RECREATION
 This was recognized as a significant need for both physical health and overall well-being
 given the long-lasting consequences of stroke, spinal cord injury and brain injury, as well as
 overall poor health in the general population of Mississippians.

Facilities/Resources Available to Meet the Needs

MRC will utilize the existing facilities and resources to address the selected priority areas. The activities will mainly be provided by the clinical, research, education, process improvement and volunteer personnel. The expertise and interest will be matched to the designated activities in each priority area. MRC will utilize the existing facilities at different locations for conducting these activities, including the main hospital and several outpatient facilities.

As appropriate, MRC plans to partner with public and private organizations and agencies to address the key priority areas, including, but not limited to the State Department of Health, Living Independence for Everyone (LIFE), Mississippi Paralysis Association, Mississippi Primary Health Care Association, and appropriate municipal departments.

