The good people of Methodist Rehab gave us hope. And in an ordeal of this magnitude, hope is all you have.

– Sam Lane, Parent of Patient

After facing a disabling injury or illness, many people are simply grateful to be alive. But sooner or later, they want to return to all the activities they love. And that's when they turn to Methodist Rehabilitation Center.

Since 1975, we have helped restore ability and hope to thousands affected by:

- Stroke
- Brain Injury
- Spinal Cord Injury
- Neurological Disease
- Major Trauma
- Amputation
- Orthopedic Conditions

Our commitment can be seen in the expertise of our staff. The focus of our research. And the depth of our services.

But it is most evident in the everyday triumphs of our patients.

We've helped college students overcome brain injuries and make the dean's list. Stroke survivors get back on their feet and back to work. And paralyzed athletes return to the joys of competition.

"Now I can," say these proud survivors.

And now you can, too.

Methodist Rehab welcomes inquiries from potential patients, their families and their health care providers. And we make it easy for all involved by precertifying patients and verifying insurance coverage.

Simply give us a call at 601-364-3477 or toll-free 1-800-223-6672 ext. 3477. Or go to methodistonline.org for more information.
“Everybody – from the lady who mops to the doctors – is superb. They all work together for the patient. It’s better service than any of the hospitals I’ve been to in my life.”

– Ned Jeter of Virginia, West Nile Virus Patient

Did you know?

Patients of similar injury types are housed on the same floor and share a dedicated staff of nurses and therapists. This promotes easy communication and a natural expertise among staff members. And patients and their families receive encouraging support from people overcoming similar challenges.

“Being on the same floor with patients with similar injuries is a huge part of the acceptance process,” says occupational therapist Suzanne Colbert. “We can tell people every day that you can do this or that. But until they see someone else doing it, it’s hard for them to believe.”

Now I can... keep up with my kids

It was the scariest Halloween ever for registered nurse Hollie Harvey. While on a family hayride, Hollie fell under the wheels of a wagon and broke her back.

Surgeons predicted she would never walk again. But staff at Methodist Rehab said: “Let’s see what you can do.” And with their support and guidance, the Mendenhall mother of three gave it her all and got back on her feet.

“When they would tell me to do 10 reps, I would do 20,” she said. “I wanted to be able to kick a ball with Hooks, Anna Grace and Honey Beth. That was my motivation.”

Methodist Rehab isn’t like other hospitals, where rehab is just one job among many.

Our sole focus is to restore abilities lost to injury or illness. And this gives us the Proven Expertise no other Mississippi hospital can claim.

- We’re the only hospital in Mississippi named one of America’s Best by U.S. News & World Report.
- We’ve twice been designated one of 17 Traumatic Brain Injury Model System sites in the nation.
- We’re one of only two hospitals in the state accepted into the prestigious Council of Teaching Hospitals.
- Compared to the national average, our patients are more likely to return to their home or community.
- All of our physicians are board-certified in their specialties, and our staff members have advanced training in their fields of expertise.
Patient-Focused Research

Few hospitals have research centers. Fewer still have researchers who play a vital role in patient care.

But at Methodist Rehab’s Center for Neuroscience and Neurological Recovery, our scientists see patients not as research subjects, but as real people with real needs.

This insight inspires their efforts to find new and better ways to improve movement, speech, swallowing, breathing, learning, memory and mood.

With the support of The Wilson Research Foundation, our researchers bring the latest rehabilitation breakthroughs to the bedsides of our patients. The result is a cutting-edge standard of care.

Because Methodist Rehab embraces innovations that make a difference for our patients, we’re also the logical first stop for companies bringing new technologies and therapies to market.

We were the first facility in the United States to fit a patient with a C-Leg, a revolutionary prosthesis with a computer-controlled knee. And we were one of only six in the Southeast to offer evaluations for the Ibot® 4000 Mobility System, a one-of-a-kind wheelchair capable of climbing stairs.

Did you know?

Methodist Rehab researchers were the first to report that the West Nile virus can attack the motor cells of the spinal cord, causing paralysis, muscle weakness and fatigue. Their studies have helped physicians around the world better understand the many manifestations of the mosquito-borne disease.

Now I can... pay it forward

Sam Lane Jr. of Jackson was nearly killed when a drunk driver rammed into his bicycle. And there has been nothing easy about his efforts to overcome a severe brain injury.

But the college student finds some comfort in knowing his struggles may contribute to a greater good. He’s participating in Methodist Rehab research that may lead to better therapies for traumatic brain injury survivors.

“I’m glad that I can help,” he said. “It would be good if my accident could accomplish something positive.”
Commitment

The most severely injured patients come to Methodist Rehab, and we return an amazing 80 percent to home or independent living.

But that doesn’t mean our commitment ends on discharge day.

Through our extensive network of outpatient clinics and community outreach programs, we continue to address the lifelong concerns of people with disabling injuries or illness.

Community-based services

- Convenient clinics that provide ongoing outpatient medical care and therapy.
- The region's most comprehensive resources for customized artificial limbs, braces and diabetic shoe inserts.
- A community reintegration program that helps brain injury survivors successfully return to work, school or community life.
- A 60-bed residential facility that meets the health and lifestyle needs of younger people with severe disabilities.
- An adaptive computing lab that matches disabled computer users with the best equipment and software for their needs.
- Guidance and medical evaluations for people in need of wheelchairs and environmental control units.
- Adaptive sports and recreation programs that offer the opportunity to participate in activities ranging from wheelchair softball to water and snow skiing.
- Accessible and affordable housing via wheelchair-friendly apartment complexes in Jackson, Hattiesburg and Meridian.
- Driver evaluations and training for people with disabling conditions related to injury, illness or aging.
- A variety of groups to encourage peer support and activities.

Now I can...

achieve my goals

After suffering a stroke at age 18, Sylvia Aldridge had to get better in a hurry to catch up with her senior classmates. So she turned to **Quest**, a Methodist Rehab outpatient program that helps brain injury survivors return to school, work or community life.

**Quest** staff helped Sylvia combine an abbreviated classroom schedule with four-day-a-week therapy sessions, and she got her wish to graduate on time.

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Did you know?

As a not-for-profit hospital, Methodist Rehab is free to re-invest income in our mission to provide the highest quality care, education and research for our patients.

You can support this cause by contributing to the **Wilson Research Foundation**, a non-profit foundation dedicated to discovering better ways to diagnose, assess and treat disabling injuries and disease.

Donate at www.methodistonline.org/fundraising or call 601-364-3598 for information.
An Environment to Enhance Recovery

Even the architecture is different at Methodist Rehab.

Every inch of our seven-story facility was thoughtfully designed to meet the needs of rehab patients and their families. Corridors are wide, elevators spacious, and each patient room features fully accessible accommodations.

Patients with similar disabilities share the same floor, and attend therapy sessions in gyms specially equipped for their injury type. And when it’s time for a break, patients have plenty of places to relax.

They can take a break beside the reflection pool in our airy first floor atrium, enjoy the view from our third floor deck or explore the gift store, art gallery, library, coffee shop, cafeteria and McDonald’s on our second floor. And for those who want to catch up with the folks back home via computer, we offer free wireless Internet access throughout the hospital. Tours of Methodist Rehab can be scheduled by calling 601-364-3477.

Contact Us:

Methodist Rehabilitation Center – Main Hospital
Admissions – 601-364-3477
Adaptive Computing Lab – 601-364-3517
Adaptive Sports and Recreation – 601-364-3566
Assistive Technology Clinic – 601-364-3533
Brain Injury Program – 601-364-3438
Center for Neuroscience and Neurological Recovery – 601-364-3424
Continuing Education – 601-364-3550
General Rehabilitation Program – 601-364-3498
Job Line – 601-364-3555
Outpatient Clinic – 601-364-3392
Outpatient Neuropsychology – 601-364-3448
Spinal Cord Injury Program – 601-354-3498
Stroke Program – 601-364-3436
Volunteer Services – 601-364-3474
Wilson Research Foundation – 601-364-3598

Methodist Rehabilitation Center – East Campus in Flowood
Methodist Outpatient Neurological Rehabilitation – 601-936-8889
Methodist Outpatient Orthopedic Rehabilitation – 601-936-8888
Methodist Pain Management – 601-932-0238
Methodist Specialty Care Center – 601-420-7760
Methodist Spine & Joint – 601-936-8801

Methodist Orthotics & Prosthetics – 1-866-306-9933
Methodist Orthotics & Prosthetics – Cleveland – 1-866-306-9933
Methodist Orthotics & Prosthetics – Flowood – 601-936-8899
Methodist Orthotics & Prosthetics – Hattiesburg – 601-264-0359
Methodist Orthotics & Prosthetics – Meridian – 601-483-5280
Methodist Orthotics & Prosthetics – Monroe, La. – 318-410-0846

Other Outpatient Facilities
Methodist Outpatient Rehabilitation – Madison-Ridgeland – 601-856-5493
Methodist Outpatient Rehabilitation – Fitness Lady in Ridgeland – 601-594-4142
Quest, Brain Injury Community Reintegration Program in Jackson – 601-713-1550
Methodist Rehabilitation Center has been accredited by CARF for inpatient rehabilitation services and all aspects of its brain injury rehab program.