



INPATIENT REHABILITATION:

THE BRIDGE FROM HOSPITAL TO HOME

JANUARY 21, 2010

CO-SPONSORED WITH:
MISSISSIPPI DEPARTMENT OF MENTAL HEALTH
DIVISION OF PROFESSIONAL DEVELOPMENT





After a disabling injury or illness, many wonder: What's next?

Will they be able to work? Take care of the kids? Finish school? Can they even live at home?

Since 1975, Methodist Rehabilitation Center has helped answer such questions through comprehensive services that restore ability and hope.

To learn more about this transformative process, join us for a conference that provides an introduction into the inner workings of a rehabilitation hospital.

You'll learn the role of the many members of the rehabilitation team, the physicians, therapists, nurses, researchers and technicians who guide the recovery of patients facing the debilitating effects of stroke, brain and spinal cord injuries.

You'll see the impact of advanced technology – including the use of specialized treadmills to foster gait retraining, adaptive equipment that makes computers more accessible and wheelchairs that actually enhance the health of their users.

Our researchers will provide insight into scientific investigations that may help people regain the ability to walk, use their hands and speak and think clearly. And our therapeutic recreation director will offer an overview of the many sporting activities now accessible to athletes with disabilities.

You'll also meet our warmest and fuzziest employee – Puma, our highly trained (and immensely popular) therapy dog.

Just for fun, we'll also be offering a glimpse of the urban renewal efforts that are transforming Jackson. We've arranged a free tour of the rejuvenated Fondren District, a delightful historic neighborhood of fun shopping haunts and eclectic restaurants that is just blocks away from our convenient location on the University of Mississippi Medical Center campus. And if you would like to stay awhile, we've arranged a special room rate at a charming downtown hotel.

Any questions? Call 601-364-3550.



Agenda



Alyson Jones, MD



Zoraya Parrilla, MD



Sam Grissom, MD

Friday, January 21

- 9:00** Registration, coffee and light refreshments
At registration, each attendee will be assigned to one of four groups for the break-out lab demonstration session.
- 10:00** The Rehabilitation Process and the Rehabilitation Team
Sam Grissom, MD and Susan Greco, CRRN
- 11:00** Case Study to Present the Role of each Team Member
Panel Presentation Moderated by Susan Greco
Panel to include: MD, rehab nursing, PT, OT, SLP, CM, SW, and Neuropsychology
Lecture – NDT Concepts and Principles
- 11:45** Lunch and Break-out Demonstration Labs: Each group will be guided by a rehab professional as they visit each site for the demonstration lab. The equipment and purpose for each site will be explained and demonstrated as indicated:
- Gait lab - John Chow, PhD will explain how equipment is used to help diagnosis gait deviations.
 - Computer lab – George Gober, Research Associate, will explain and demonstrate assistive technology that enhances computer access.
 - AT Clinic – Allison Fracchia, PT, ATP will explain and demonstrate advances in wheelchair and seating systems.
 - Body Weight Supporting Treadmill – Heather Maloney, PT will explain and demonstrate use of the body weight supporting treadmill as it applies to gait retraining.
 - Canine Companion – Jenn Sivak, OT with the assistance of Puma, a registered canine companion, will explain the rigorous training program and services provided by canine companions.
- 1:15** Specialized rehab care for stroke, brain injury and spinal injury
15-minute presentation by each physician, followed by panel Q&A
Alyson Jones, MD – Stroke
Zoraya Parrilla, MD – Brain Injury
Sam Grissom, MD – Spinal Cord Injury
Connie Flanagan, RN – Moderator
- 2: 15** Rehabilitation Research
Dobrivoje Stokic, MD, DSc
- 2: 45** Community Sports and Recreation – Life After Rehab
Ginny Boydston, CTRS
- 3:15** Questions, Evaluation & Adjourn

Conference Objectives

At the conclusion of the lecture, participants should be better able to:

1. Describe components of post acute care for the patient who qualifies for inpatient rehabilitation services.
2. Describe the role of various members of the interdisciplinary treatment team.
3. Explain advances in technology and therapy services that have become available in the last five years.
4. Describe contributions to the field made by rehabilitation research scientists.



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Target Audience: Nurses, Case Managers, Social Workers and other discharge planners

Continuing Education Credit

Satisfactory completion of this activity requires attendance at the lectures, and completion of an activity assessment and self assessment of achievement of learning objectives. Satisfactory completion of the activity is required for continuing education credit to be awarded.

Nurses: This activity was approved for 4.5 contact hours of continuing education credit by Methodist Rehabilitation Center, which is an approved provider of continuing nursing education activity by the Mississippi Nurses Foundation, Inc., an accredited approver by the American Nurses Credentialing Center Commission on Accreditation. Accredited status refers only to continuing nursing education activities and does not imply ANCC Commission on Accreditation approval or endorsement of any commercial products.

Case Managers: This activity has been approved by the Commission for Case Manager Certification (CCMC); approval number 00068110-A200

Social Workers: The educational portion of this activity is presented by the Mississippi Department of Mental Health, Division of Professional Development. Continuing education is a separate registration, which is required at the beginning of the conference.

The Department of Mental Health, Division of Professional Development is approved as a provider by the National Association of Social Workers, Mississippi Chapter, (for period of 11/20/09 through 10/17/11). The Division maintains responsibility for the educational program.

Principal Faculty:

Virginia Boydston, CTRS directs the community sports and recreation program for Methodist Rehabilitation Center. She also serves as the Team Leader for the USA Wheelchair Fencing Team.

Connie Flanagan, RN manages the community outreach department for Methodist Rehabilitation Center.

Susan Greco, RN, MSN, CRRN is the vice president of patient care services for Methodist Rehabilitation Center. She is a certified rehabilitation nurse.

Sam Grissom, MD serves as the Medical Director for Methodist Rehabilitation Center and for the Spinal Cord Injury Specialty Program. He is board certified in physical medicine and rehabilitation and has advanced certification in spinal cord injury rehabilitation.

Alyson Jones, MD is board certified in physical medicine and rehabilitation and directs the Stroke Rehabilitation Specialty Program at Methodist Rehabilitation Center.

Dobrivoje Stokic, MD, DSc is the Director of the Center for Neuroscience and Neurological Recovery at Methodist Rehabilitation Center.

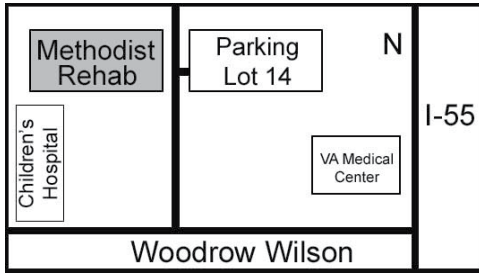
Zoraya Parrilla, MD is board certified in physical medicine and rehabilitation and has advanced credentials in brain injury rehabilitation. She serves as medical director for the Brain Injury Specialty Program.

Disclosure: Presenters and planning committee members participating in continuing medical education activities sponsored by Methodist Rehabilitation Center are expected to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of their presentation. The planning committee members and speaker have signed disclosure forms and have stated they have no conflicting interests related to this education activity.

MRC reserves the right to cancel a program or make modifications to the advertised agenda as long as these do not substantially alter the activity.

Accommodations: In accordance with the ADA requirements, if you are disabled and require special services, contact our office at least one week prior to the date of the presentation.

For information or to register, contact: Lisa Nichols at 601-364-3550 or e-mail lnichols@mmrc rehab.org
Fee for Certificate of Continuing Education Credit: \$30



QR code
Scan for directions
to MRC.



Methodist Rehabilitation Center is located near the center of Jackson, MS. Take the Woodrow Wilson exit (#98A) off I-55; go west. MRC is located between the Sonny G. Montgomery Veterans Affairs Hospital and the UMC Children's Hospital. Parking is available at no cost to course participants in Lot 14, located to the east of MRC. The access gate will be open between 8:30 – 9:30 PM on 1-21.

Stay the Weekend!*

Antiques, Designers and Art

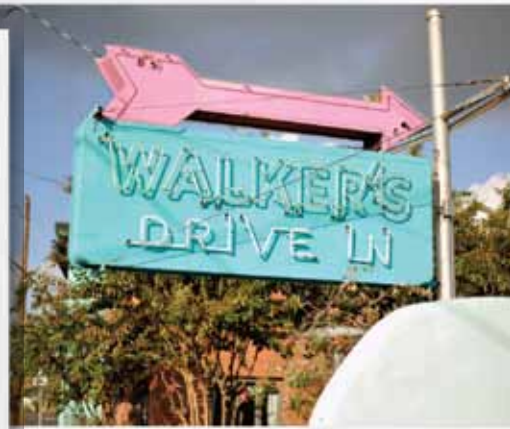
MRC has arranged a **private tour** of several of the trendiest shops in the historic Fondren district, only five minutes from the hospital. This lively area was recently the location for filming of the movie, "The Help." Enjoy visiting in the boutique of a popular contemporary designer, then browse through a tremendous collection of antiques, gifts, jewelry and art. The tour will be conducted by local designers and Fondren District leaders.

Please indicate on the registration form if you want to participate in this tour. A minimum number of participants is required for the tour to be conducted. There is no charge. The tour will begin immediately following the seminar and will conclude by 6 p.m. There are over 10 restaurants within walking distance if you wish to stay for dinner.

A Special Room Rate

The Old Capitol Inn, located in the heart of downtown Jackson, is the city's only designer boutique hotel. Your peaceful stay at The Inn will include a complete complimentary breakfast and a wine cheese reception in the evening. A limited block of rooms has been reserved at the rate of \$115 plus tax. Please make your reservation before January 7, 2011. Call: 1-888-359-9001. The Inn is located at 226 North State Street, minutes away from MRC. To learn more about this quaint hotel, go to www.oldcapitolinn.com

*Check the Jackson Visitors and Convention Bureau website for activities in and around Jackson (The Dixie National Rodeo, one of the nation's largest, starts January 21 in Jackson).





Methodist Rehabilitation Center is accredited by the Commission on Accreditation of Rehabilitation Facilities and the Joint Commission.

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Please check here if you want to be part of our free tour of the Fondren Arts and Dining District. You'll visit several of the trendiest shops in this historic district, only five minutes from the hospital. The tour will be conducted by local designers and Fondren District leaders. A minimum of 10 participants is required, so let us know if you want to join the fun.

Professional Discipline: Social Work Case Managers RN Other

Name _____ Organization _____

Address _____ Email _____

Home _____ Office _____ Cell _____

Form of Payment Fee for CEU certificate: \$ 30

Enclosed is a check made payable to Methodist Rehabilitation Center

Charge to the following

Visa Mastercard Discover American Express

Cardholder Name: _____

Card Number: Expiration Date:

Form may be faxed to 601-364-3308 or mailed to:

Methodist Rehabilitation Center
 Education Department
 1350 E. Woodrow Wilson
 Jackson, MS 39216

For more information, please call (601) 364-3550.