

Now I can...

get back on the trail

Robert Tierce of Ridgeland was an avid cyclist before he suffered a gunshot-inflicted spinal cord injury that left him almost completely paralyzed in his right side.

"I used to ride a road bike anywhere from 60 to 70 miles a time, no problem," he said.

Through inpatient and outpatient therapy at Methodist Rehabilitation Center, Tierce gradually recovered his mobility. Before long, he was back to riding, now using a recumbent cycle that helps him maintain his balance.

"At MRC, they teach you how to manage life with a disability, and they do a good job with it," Tierce said.

"I don't think we could have gotten any better treatment anywhere else," said his wife, Paula. "I feel like Robert worked with the best possible therapists from the time we first came to MRC to the time we left outpatient."



Earl R. Wilson, Founding Chairman
METHODIST
REHABILITATION CENTER

